

My Best Day: *I'm New to Your Class, Let Me Introduce Myself*

Name: _____

Grade: _____ Date: _____ School: _____

(Consider attaching a photo of yourself .)

You may choose to complete this description of yourself and share it with your new teacher(s) or therapist(s).

Three words that best describe me are . . .



My favorite activities are . . .

My favorite foods are . . .

But do not ask me to eat . . . because I (dislike or am allergic to) . . .

A bit about my home life . . . (describe your place in the family, personality, likes and dislikes)

Really good ways to communicate with me . . .

The most important thing I want others to know about me is . . .

