

**Arlington Public Schools Family Life Education Parent Opt-Out Form - KINDERGARTEN**

STUDENT NAME

Descriptive Statement: This refers to identifying the adult and child members of the student's family.

\_\_\_ **K.6 The student will develop an awareness of positive ways in which family members show love, affection, respect, and appreciation for each other.**

Descriptive Statement: The focus is on the appropriate words and actions that promote positive mental health development. Through words and actions which convey care, protection and guidance, such as touching, listening, hugging, praising, encouraging, supporting, helping and playing, the child will understand that rules are made for safety, and protection.

\_\_\_ **K.7 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.**

Descriptive Statement: It is important for the student to understand that appropriate expressions of affection are healthy for the individual, the family, and the community. The student will begin to understand the differences between appropriate and inappropriate expressions of affection.

\_\_\_ **K.8 The student will recognize the elements of good (positive or healthy) and bad (negative or unhealthy) touches by others.**

Descriptive Statement: Elements of good touches by others are identified as follows: (1) touching that can be done in front of anyone; (2) touching that is not a secret; (3) touching that makes the child feel good and not uncomfortable; (4) touching that is done to provide cleaning or medical care for the child; and (5) touching that is an expression of affection by a family member. Bad touches by others include the following: (1) touching on private parts of the body; (2) touching to be kept secret; and (3) touching that could produce bad feelings.

\_\_\_ **K.9 The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others.**

Descriptive Statement: This involves learning how to say "no" in a loud voice while standing up and looking directly at the person. It is important for children to know that they should tell or report such happenings to a trusted adult such as a parent, teacher, minister, grandparent, or guardian. In addition, they should understand the need to continue telling about inappropriate approaches until someone listens and responds.

\_\_\_ **K.10 The student will identify "feeling good" and "feeling bad."**

Descriptive Statement: Descriptive words are used to help the child identify pleasant and unpleasant feelings. Parents are encouraged to reinforce expressions of feelings at home and to work with the teacher in a team approach to achieving this, which encourages good mental health functioning.

\_\_\_ **K.11 The student will find help safely.**

Descriptive Statement: Students will learn how to identify when they are in an unsafe environment. Students learn their full names, addresses, telephone numbers, and how to find reliable help if lost in a mall or other public place.

**PLEASE RETURN THIS FORM TO THE PRINCIPAL BY THE DATE ESTABLISHED BY YOUR SCHOOL**

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_